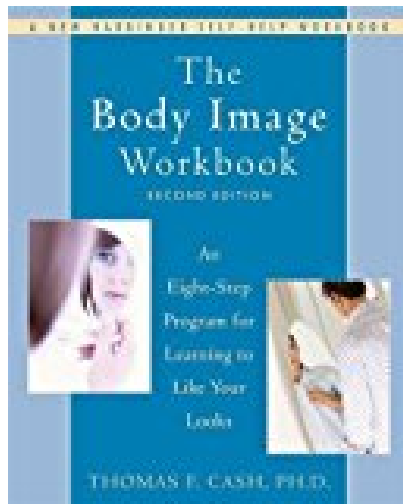


# The Body Image Workbook An Eight-Step Program for Learning to Like Your Looks

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## BOOK DETAILS

- Author : Thomas Cash PhD
- Pages : 232 Pages
- Publisher : New Harbinger Publications
- Language : English
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## BOOK SYNOPSIS

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